

# Park Chronicle

2026

**REGENT PARK**  
REHABILITATION & HEALTHCARE  
10604 E 13th Street North  
Wichita, KS 67206  
(316) 337-5450



## Special HoliDAYS

Time Management Month  
Plant the Seeds of  
Greatness Month

Spunky Old Broads Day 1  
Groundhog Day 2  
Periodic Table Day 7  
Valentine's Day 14  
Random Acts of Kindness  
Week 15-21  
Chinese New Year 17  
(Year of the Horse)  
International Mother  
Language Day 21  
Tell a Fairy Tale Day 26

## Cookie Cravings Girl Scouts

Girl Scout Season has officially kicked off this year - January 6th. The iconic flavors are all back: Thin Mints®, Samoas®/Caramel deLites®, Peanut Butter Patties®/Tagalongs®, Adventurefuls® and more. New to the line up this year Exploremores™, a rocky road ice cream-inspired sandwich cookie, will join the legendary lineup for the 2026 Girl Scout Cookie season. Filled with delicious flavors of chocolate, marshmallow and toasted almond-flavored crème, Exploremores reflect the spirit of exploration at the heart of every Girl Scout.

This year, the price of Girl Scout Cookies has increased slightly to six dollars a box, which reflects rising costs. Every dollar goes toward supporting programs that help build our next generation of female leaders. The Girl Scout Cookie program continues to teach Girl Scouts five key life skills: goal-setting, decision-making, money management, people skills, and business ethics. Plus, scouts grow in courage, confidence, and character. There's something extra sweet about enjoying these cookies while knowing you're supporting such an impactful program.



## Faces of Valentine

While February 14 is widely celebrated as Valentine's Day, there is some confusion as to which Saint Valentine this day refers to. According to the Roman Catholic Church, 14 different saints are named Valentine. Some believe Valentine honors the bishop of Terni, in central Italy, who was condemned by Roman Emperor Claudius. Others believe Valentine was a Roman priest who secretly married Christian couples until he was discovered by the Roman authorities and sentenced to death. Perhaps the real identity of Saint Valentine is unnecessary since what is truly important is his enduring legacy of love.

## Valentine Dinner February 12th 4p-6p

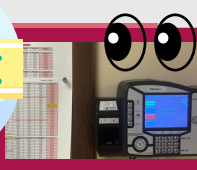


Q: What flower gives the most kisses on Valentines Day?

A: Tulips

# STAFF ENGAGEMENT

**NOTICE OVERDUE NOTICE**



Take a look if your on the list by the time clock to get your REQUIREMENTS completed ASAP.

## STAFF BIRTHDAY

Jessica A 5<sup>th</sup>  
 La'Shayla C, 10<sup>th</sup>  
 Shauna A 11<sup>th</sup>  
 Kimberly E 12<sup>th</sup>  
 Libby W 13<sup>th</sup>  
 Audrey 14<sup>th</sup>  
 Julyn P 19<sup>th</sup>  
 Brenda S 19<sup>th</sup>  
 Bianca R 24<sup>th</sup>  
 April D 25<sup>th</sup>  
 Alicia M 25<sup>th</sup>  
 Marietta W 26<sup>th</sup>  
 Kim W 28<sup>th</sup>



If you were born between February 1-18, you are Aquarius, the Water Bearer. Witty, clever, and honest, Water Bearers desire independence above all and are not afraid to deviate from the crowd to pursue their own interests. Those born between February 19-28 are Pisces, the Fish. Selfless, spiritual, and intuitive, Pisces swim on an inner journey. They are emotional, compassionate people who are always willing to help others.



## STAFF Anniversary

### 1 Year

LaToya ~ Nursing  
 Monalisa ~ Nursing  
 Navya ~ Nursing

### 2 Years

Gabby ~ Nursing  
 Nachaka ~ Nursing  
 April ~ Nursing

### 3 Years

Erica ~ Nursing

### 4 Years

Brittany ~ Therapy  
 Yolanda ~ Nursing

### 5 Years

Lori ~ Nursing

### 7 Years

Cassandra ~ Dining

### 10 Years

Audrey ~ Nursing

### 13 Years

Margaret ~ Nursing

### MISSION STATEMENT



**DID YOU KNOW?**

*Regent Park...*

is committed to being the premier provider of long-term health care and rehabilitation services within the community. We will serve our residents and their families with a sense of mission, and provide for their care needs with passion, as we encourage and preserve their independence.

"The strength of the team is each individual member. The **strength** of each member is the team."

Phil Jackson

MAY YOU BE PROUD OF THE WORK YOU DO THE PERSON YOU ARE AND THE DIFFERENCE YOU MAKE

**SAVE THE DATE**  
 March 5 & 6  
**EMPLOYEE APPRECIATION DAY**

## RIISING STARS OF THE MONTH

How to become a Rising Star? By receiving SHOUT OUT CARDS. Remember anyone can give out a shout out to a staff member. Shout Outs are for staff going above and beyond there job duties! Shout Outs that are turned in are drawn once a month for the Rising Star honor. The more shout outs the more chances of becoming a Rising Star!!!



Natalie



Jessica



Haley



Tina

## Exciting News:

Do you have exciting news? Wedding, Anniversary, birth of a child. Let Rachel, Liaison know & we would love to feature it in our monthly in service meeting & our staff engagement page of our newsletter!



**Biggest Loser** will be starting back up next month, stay tuned @ In-Service on when the 12 week challenge will start.

**\$25 Buy In**

**1<sup>st</sup> place WINS 60% Runner up 40%** of the buy in, the more that participate the more you could win!





# RESIDENT ENGAGEMENT



Peggy ~ 5th  
Anna ~ 16th  
Mary ~ 16th  
Marlene ~ 17th  
Jay ~ 26th

## Resident Council

YOU'RE INVITED!

REGENT PARK REHAB

## Official Memo

Re: **March Happenings** in our Community  
Vote for activities, outings & have  
your voice heard in our monthly meeting.

Date: Monday, February 11th @ 3p



## LIFE ENRICHMENT



Check out the Activity Calendar

**ALL ARE WELCOME**

WHERE TO NEXT!?

## OUTING SIGN UP



Make sure to stop by the Life Enrichment  
office, located in our Town Center next to  
the Beauty Shop to sign up for the next  
outing! Seats are limited.





**ICE CREAM FLAVOR OF THE MONTH:**  
**FATBOY ICE CREAM SANDWICHES**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153</p> <p>10:00 WONDERS OF TEXAS 10:30 Communion - AR 11:00 NEWSRING CH. 10</p> <p>2:00 <b>Roadbeer Floats</b></p>	<p>2 10:00 GROUND HOG TRIVIA &amp; SHADOWS 100 Rosary - AD</p> <p>2:00 <b>BINGO! -BD</b> Ice Cream of the Month 6:00 Card Games</p>	<p>3 10:00 <b>JEOPARDY</b> 2:00 <i>Open Heart</i> Wreath 6:00 <i>Live</i></p>	<p>4 10:00 BLACK HISTORY FACTS 2:00 <b>BINGO -BD</b> CARROT CAKE 6:00 Scrabble</p>	<p>5 10:00 <b>FITNESS</b> THEMED TRIVIA 130 MOVIE &amp; POPCORN 2:00 Newspring Church Visit 6:00 Penny Game</p>	<p>6 10:00 Handprint Hearts 2:00 <b>HAPPY HOUR</b> w/ Jim - TC 6:00 Phase 10</p>	<p>7 Wake up w/ LE 10:00 BALLOON VOLLEYBALL 10:45 Father Visits 1:30 <b>BINGO -BD</b> 6:00 Color by number</p>
<p>8 7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153</p> <p>10:00 WONDERS OF IOWA 10:30 Communion - AR 11:00 NEWSRING CH. 10</p> <p>2:00 <b>SUPERBOWL TAILGATE</b> 530 SEAHAWKS VS PATRIOTS</p>	<p>9 10:00 Moving &amp; Groovin with Otis 100 Rosary - AD</p> <p>2:00 <b>BINGO! -BD</b> Ice Cream of the Month 6:00 Color by Number</p>	<p>10 10:00 KITCHEN HELPERS -DIPPED STRAWBERRIES- 2:00 BIRTHDAY SOCIAL w/ DORI 6:00 Phase 10</p>	<p>11 10:00 PAPER ROSE 2:00 <b>BINGO -BD</b> 3:00 RESIDENT COUNCIL PEPPERMINT PATTIES 6:00 Penny Game</p>	<p>12 10:30 HYNARS w/ PASTOR TOM 2:00 <b>CHAIR YOGA</b> 4:00PM VALENTINE'S DINNER</p>	<p>13 10:00 HEART-SPRING 2:00 <b>Happy Hour</b> w/ Handpan Dan-TC 6:00 Uno</p>	<p>14 Wake up w/ LE 10:00 <b>Valentines</b> 1:30 <b>BINGO -BD</b> 6:00 Yantzee</p>
<p>15 7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153</p> <p>10:00 WONDERS OF WISCONSIN 10:30 Communion - AR 11:00 NEWSRING CH. 10</p> <p>2:00 <b>Sunday Sundae</b></p>	<p>16 10:00 PRESIDENT FACTS 12:30 PEACH FARMS 100 Rosary - AD</p> <p>2:00 <b>BINGO! -BD</b> Ice Cream of the Month 6:00 Card Games</p>	<p>17 10:00 HANDPRINT MASK 2:00 MARDI GRAS SOCIAL 6:00 Uno</p>	<p>18 10:00 PARACHUTE 2:00 Singo Bingo -BD 6:00 Scrabble</p>	<p>19 10:00 Travelogue -Singapore- 200 LOVE ON A LEASH 6:00 Cards</p>	<p>20 10:00 Jewelry Making 2:00 HAPPY HOUR w/ ANDY -TC 6:00 Scrabble</p>	<p>21 Wake up w/ LE 10:00 STICKY BUN &amp; TODAY IN HISTORY 1:30 <b>BINGO -BD</b> 6:00 Scrabble</p>
<p>22 7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153</p> <p>10:00 WONDERS OF CALIFORNIA 10:30 Communion - AR 11:00 NEWSRING CH. 10</p> <p>2:00 <b>Sunday Sundae</b></p>	<p>23 10:00 Moving &amp; Groovin with Otis 100 Rosary - AD</p> <p>2:00 <b>BINGO! -BD</b> Ice Cream of the Month 6:00 Color by Number</p>	<p>24 10:00 Sedgwick County Zoo 2:00 <i>Ladies Tea</i> &amp; Gummy Old Man Group 6:00 Board Games</p>	<p>25 10:00 HEART TO HEART 2:00 <b>BINGO -BD</b> CARROT CAKE 6:00 Phase 10</p>	<p>26 10:00 BAKING DEMO WITH CHEF JOHN 130 MOVIE &amp; POPCORN 6:00 Uno</p>	<p>27 10:00 Floral Arranging 2:00 <i>Happy Hour</i> w/ LARRY -TC 6:00 Yantzee</p>	<p>28 Wake up w/ LE 10:00 <i>Begins with</i> 1:30 <b>BINGO -BD</b> 6:00 Phase 10</p>

**BIRTHDAY**  
PIGGY 5 - 5  
ANNA - 16  
MARY C - 16  
MARLENE - 17  
JAN - 26

AR-ACTIVITY ROOM  
AD-AMHERST DINING ROOM  
BD-BELMONT DINING ROOM  
TC-TOWN CENTER B-BISTRO  
RV-ROOM VISIT P-PATIO

Evening Activities are Self Directed Sunday evening activity is your choice.

Activities subject to change  
without notice please check  
bistro board for any changes

**REGENCY PARK**  
REHABILITATION & HEALTHCARE

2826 February